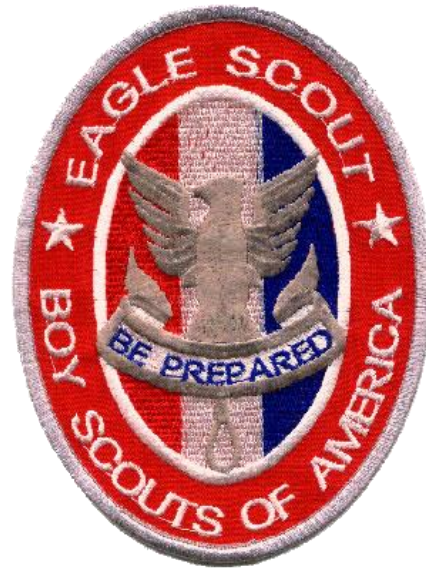




# Knox Trail Council 2016 Trail to Eagle Scout & Parent Guide



Another Scouting Program supported by the  
Knox Trail Council's Friends of Scouting Campaign

**GREAT STAFF  
GREAT FOOD  
GREAT FACILITIES  
GREAT CAMP**



*Last revised: April 7, 2016*



*We invite you to join us this summer for an adventure of a lifetime. Trail to Eagle Camp is for the mature 1<sup>st</sup> Class or above, 13 year old (by June 1) or older Scouts who want to get a jump start on their quest for Boy Scouting's highest rank. Our program takes considerable time and dedication on the part of the Scouts who participate to get the most out of the program. This picturesque 305 acre property has become one of*



*America's premier Scout Camps. The key to the success of Camp Resolute is dedication to each Scout and the staff that supports them. Flexibility is our word to live by and we deliver the finest program available for your youth. At Camp Resolute **"We Do More"**!*

*The keys to the ongoing success of Camp Resolute are great facilities, great food and an outstanding staff that is dedicated to your Scout. Flexibility, caring and dedication are critical as we deliver the finest program available for Scouts.*



## Have Questions? We've Got Answers!

- 1) [www.campresolute.org](http://www.campresolute.org) - Our Web Site has extensive information on it including this entire guide and more.
- 2) Scoutmaster - Your troop's Scoutmaster has the answer to many of your questions or concerns. In many cases he or she is an experienced Resolute camper.
- 3) E-mail - the e-mail address of Camp Resolute is [wedomore@campresolute.org](mailto:wedomore@campresolute.org). The Camp Resolute Director Rick Riopelle's e-mail address is [rick@campresolute.org](mailto:rick@campresolute.org). The Assistant Reservation Director is Stephen Lavoie [stephen.lavoie@scouting.org](mailto:stephen.lavoie@scouting.org).
- 4) Telephone - The Program Service Center can be reached at 508-872-6551 x1002. After June 30, call Camp Resolute directly at 978-779-2777.
- 5) Mail - Our Council Office address is Knox Trail Council, 2 Mount Royal Avenue, Suite 100, Marlborough, MA 01752. Our camp address is Camp Resolute, 75 Hudson Road, Bolton, MA 01740.

## What Will My Son Do at Trail to Eagle?

Your Scout will have an active, challenging and educational week at Camp Resolute. He will be living in a two person canvas tent erected on a wooden platform. Cots and 4 inch thick mattresses are provided. He will be in a campsite with the rest of the Trail to Eagle scouts.

Most importantly he will be working on scouting advancement by attending Eagle Required Merit Badge classes. While the scouts work very hard, we also provide non-required merit badges like Inventing and Kayaking to blend hard work with good fun. We also include swimming, boating, shooting sports, pizza night and a movie for some fun and relaxation.



He will also sleep and eat. The food is great and there is lots of it. Boys start each day at 7:00 AM and lights out is at 10:00PM each evening. During those hours he will be having the time of his life in a tremendous setting with caring, qualified staff and merit badge counselors.

## General Information

### Pre-Camp Meeting

For 2016 parents and scouts have the choice of 2 pre-camp meetings at **7pm** on:

**Tuesday, July 19<sup>th</sup> or Tuesday, August 2<sup>nd</sup>.**  
**Meetings are held at Camp Resolute**

At that meeting we introduce our volunteer Scoutmasters review the code of conduct and expectations and answer questions. Health forms must be dropped off at this meeting unless they are already on file at Camp Resolute. **Attendance at one of these meetings is mandatory. Scouts should in full Class A uniform as defined in this document when attending this meeting.**

### Check-In

**Please note that this time differs from regular camp weeks.** Trail to Eagle Check in is at **2:00PM on Sunday**. Scouts are required to arrive in their full field uniform (aka class "A") uniform as described in this document. **No Exceptions!**

Family members are welcome to accompany scouts to their campsites and help settle their Scouts in. **Please no animals.** Most family pets are not accustomed to the volume of people and the level of activity that a camp of our size generates. For the safety of your pet and others at camp, please leave your pets at home when you bring your Scout to camp.

### Check-Out

After a long and full week of merit badge work, our Eagle candidates are able to leave camp Friday morning before lunch. Most if not all will have completed their merit badge work by Thursday evening. Daytime counselors are available for any make up work on Friday morning, but after that, Eagle candidates are ready to depart.

The scout and parent must check out with the volunteer Unit Leaders so we have an accurate account of scouts in and out of camp.

Please make sure that your Scout is being met by you or knows how he is getting home, and be prepared to transport personal gear from the camp site to the parking lot. No vehicles are allowed in camp.

### Emergencies, Visitors, and Scouts Leaving Camp

Parents/guardians picking up Scouts during the week should do so by checking in at the Administration Building. All Scouts leaving must be signed out by one of their Unit Leaders. A Scout will not be dismissed from camp until one of his Unit Leaders signs him out in the Administration Building. This process lets the Leaders and the Camp know WHO picked up the Scout and when the Scout left camp. Our Unit Leaders should be made aware of any individual situations of the Scouts in their care and we depend on them to assist us in this very important area. Other than in a sudden emergency, your Unit Leaders should know about the departure in advance and should have your son ready to be picked up at the time you have requested. Upon his return, your Scout must check back in at the Administration Building and will be returned to the care of his Leader. Special instructions or limitations must be presented to the camp director in writing.

**Note: Anyone transporting your scout at any time must be listed on Part A of the Medical Form in the "Authorized Adults" section. This includes leaving camp to return home.**

All visitors during the week (excluding during Sunday check-in and Friday closing activities) must check in at the Administration Building and receive a Visitor badge which must be returned upon check out and departure. In the event of a home emergency, please contact your Scout by calling the Administration Building. Please do not contact or remove your Scout from camp without notifying the Administration Building!



**CAMP OFFICE/EMERGENCY NUMBER:  
(978) 779-2777**

All serious medical emergencies will be treated at the UMass Marlboro Hospital and parents/ guardians will immediately be notified by the Health Officer, Camp Director, or his designee.

**Telephone**

Camp Resolute's phone number for incoming calls is (978) 779-2777. Please keep in mind that this is primarily a business phone, for the use of the camp administration. Non-emergency messages will be taken and delivered to the Scout's Unit Leader at the next mealtime. Scouts are strongly discouraged from phone use, and must have a note from their Scoutmaster to place a call. Outgoing calls must be made collect or with a calling card.

**Mailing Address**

Parents can send mail to their Scout while he is at camp, it is recommended to send mail early in the week or even prior to the week to make sure it arrives in camp prior to the Scout's departure on Friday. Send mail to:

Your Scout's Name  
Trail to Eagle  
Camp Resolute  
75 Hudson Road  
Bolton, MA 01740

**Refunds**

There is a non-refundable cancellation fee of \$50 for each registered program or session. After June 1st refunds are issued for valid medical reasons only. All refund requests must be made in writing no later than August 31; after that date no refund requests will be considered.

**Uniforms**

The Official BSA field uniform is **required** to be worn by all Scouts at arrival to camp, during the evening meal, flag ceremonies, formal retreats, and Troop photographs. This consists of official BSA:

- **Scout shirt (short or long sleeved)**
- **Scout trousers or shorts**
- **Scout socks**
- **Scout belt.**
- **BSA cap (optional)**
  
- Shoes are required – **no open shoes** with uniform. Neckerchiefs are optional.

During the day all Eagle candidates are required to be in class B uniform consisting of:

- **Scout T-shirts only**
- **Scout shorts**
- **Belt**
- **Scout socks.**

Two Trail to Eagle T-shirts will be provided and then the balance can be made up of camp, troop, or high adventure T-shirts.

Order of the Arrow members are encouraged to bring their **sash for the weekly OA day.**

The Scout Shop in Southborough carries all uniform items as well as Merit Badge books.

**There are no exceptions to this uniform requirement.**





# Merit Badges

## Merit Badges

The list of merit badges offered and the associated pre-camp requirements is available on the Camp Resolute Website in the Trail to Eagle section. Once you decide which badges to take, you should obtain a current copy of the merit badge book for each badge. Be sure that you read the requirements of the badge and complete any pre-camp requirements.

**You may need a note from your Scoutmaster stating that you have met your pre-camp requirements.**

If, for any reason, you don't complete all the requirements for a badge during your week at camp, you will receive a partial for that badge. This partial can be completed any time up to your eighteenth birthday.

## Record of Merit Badge Completion (Blue Cards)

Usually within a week following the end of Trail to Eagle Week you will receive in the mail forms listing the requirements for each merit badge that were completed. These forms should be turned into the person in your troop who maintains advancement records. **Merit badge records are NOT automatically recorded.** Your advancement person must submit the paperwork just like for any other merit badge.

## Signing Up for Merit Badges

After we have received your completed **Code Conduct Form** you will be emailed a link which you will use to sign-up for merit badges. If you change your mind about which badges you would like to take, simply go to the link and re-enter your choices. Only the last submission will be used.

Merit Badges are on a first come first serve basis and class sizes are limited. Sometimes a Merit Badge must be cancelled because the counselor can no longer teach. We will notify you if that occurs so you can choose an alternate badge.

## Eagle Required Merit Badges



## The Eagle Period

Time is set aside every afternoon to provide down time and fun activities for the scouts. A number of non-Eagle merit badges are offered during this time as well as activities such as archery, shooting sports and aquatic activities.



# Safety and Medical

## Safety and Compliance

Our primary concern is the safety and well-being of every camper. Our camp follows all safety and risk management guidelines set by the Boy Scouts of America, the local, state and federal boards of health, and the American Camp Association, a national camp organization that sets high standards for both the health and safety of campers and staff, and the delivery of quality programs. All camps in Massachusetts must comply with regulations of the Massachusetts Department of Public Health (105 CMR 430.000). In addition, the Bolton Board of Health licenses our camp.

As required by MA DPH 105 CMR 430:190 (C) and (D), these our camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. Parents may request copies of background checks, health care and discipline policies, as well as procedures for filing grievances.

American Camp Association (ACA) accreditation means that the Camp Resolute cares enough to undergo a thorough annual review of its operation—more than 250 standards from staff qualifications and training to emergency management. ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross and other youth service agencies to assure that current practices reflect the most up-to-date, research-based standards in camp operation. A health officer staffs the camp health lodge and a local physician is on call.

## Medical Forms

**Every adult and Scout in camp MUST have a completely filled out medical form on file in the Health Lodge in order to stay at Camp Resolute.**

All campers are required to have a physical examination within 12 months prior to arriving at camp. All medical forms must be completed and signed by a physician each year (including immunization update) and brought to camp on

your first day. In addition, the immunization record for each camper, youth or adult, must include the following vaccines: Hepatitis B for all children born after December 31, 1992 (3 doses are required); Diphtheria, Tetanus Toxoids and Pertussis (at least 4 doses); MMR (2 doses or proof of laboratory evidence of immunity) and Polio (3 to 4 doses depending on the type). Your physician must sign the camp medical form – no signed attachments will be accepted. Make certain that both the parent's signature and physician's signature sections are filled out and a copy of the health insurance card is attached to the form. Medical forms are available online.

All medical forms must be retained by camp, so please make any copies you might need for other activities. Units with Christian Scientist members will need to provide a special medical form, located at [campresolute.org](http://campresolute.org), pertaining to their faith's medical policies.

*Upon arrival in camp, the Health Officer will perform a medical recheck and collect all prescribed medications. (Bee sting kits and asthma inhalers may be kept at the site or with the Scout if necessary.) Medications must be in their original containers with a valid/current prescription label that bears the name of the drug, the dosage, the name of the prescribing physician, and the name of the individual for whom the drug was prescribed. This information must also be on the camp physical form. Containers with more than one drug, or improper labeling, will NOT be accepted. The health officer will then dispense medications as prescribed. **These requirements are mandated by law for camps. This applies to all youth AND adults.***

## Medications

State regulations cover the storage and dispensing of medications. All medication must come to camp in the original containers and be stored by the health officer in locked compartments in the camp health lodge. Exceptions to storage by the health officer are authorized for medications for treatment of allergies and asthma. Questions about these medications should be raised with the camp

prior to the child's arrival. To ensure a smooth transition, we recommend that your child continue the medications he needs during the school year at summer camp. If prescription medications are brought to camp, the container must have a pharmacy label showing the prescription number, patient's name, date filled, physician's name, name of medication and directions for use. This information must also be on the camp medical form. Any camper coming to camp with a prescription Epi-pen or inhaler must bring two of either, one for the health lodge and one for the unit. The health officer dispenses medication according to the directions. If a camper refuses to take prescribed medications, this refusal is documented in the health log and the parent/guardian is notified.

### **Health Care Consultant**

The health care consultant (HCC) is a licensed physician. The HCC assists in the development of the camp's health care policy; develops and signs written orders for the health care supervisor; and is available for consultation at all times. The health care consultant is not present at camp.

### **Health Officer**

A health supervisor, who is at least 18 years of age and is present at the camp at all times. The health officer shall be a Massachusetts licensed physician, physician assistant, nurse practitioner, registered nurse, licensed practical nurse. The health officer is, by regulation, present at the camp at all times and is, at a minimum, a Massachusetts licensed physician, physician assistant, nurse practitioner, registered nurse, or licensed practical nurse. The health care consultant authorizes the health officer to be in charge of health matters at camp on a day-to-day basis and to dispense medications.

### **Health Care Policy**

Complete health care policy for Camp Resolute is available to a parent or guardian upon request to Knox Trail Council, Program Service Center, 75 Hudson Road, Bolton, MA 01740.

### **Care of Mildly Ill Campers**

Each camper or staff member is responsible for reporting any signs of illness to the health officer

(HO), who assesses each situation. The HO may administer over-the-counter medications he/she believes are warranted if they are authorized by the parent/guardian. If the HO determines the child should be sent home or seen by the health care consultant, he/she informs the reservation director and arrangements are made. In both situations, the parent/guardian is contacted as soon as possible.

### **Care of Campers who have an Illness/Accident at Camp**

Parents/guardians will be notified as soon as possible should a camper be taken to the doctor's office/hospital for an injury or health condition and if medication has been prescribed by the camp's health care consultant. The health officer or reservation director will notify parents/guardians of any persistent conditions or ailments. Parents/guardians should notify their doctor and health care provider of any health condition or accident/injury occurring at camp for follow-up visits and billing purposes.

### **Massachusetts Department of Public Health**

At the request of the Department of Public Health we have included a fact sheet on Meningococcal disease on our Camp Resolute website. Campers attending a resident camp are not considered to be at an increased risk. The United States Centers for Disease Control, Massachusetts Department of Public Health and the Knox Trail Council encourage everyone to be safe outdoors. Diseases associated with ticks and mosquitoes are growing threats in Massachusetts. When outdoors, please take necessary precautions as suggested by the Centers for Disease Control.

CDC Camping Health & Safety

<http://www.cdc.gov/family/camping/index.htm>

CDC EEE Info

<http://www.cdc.gov/EasternEquineEncephalitis>

CDC Tick

[http://www.cdc.gov/ticks/avoid/on\\_people.html](http://www.cdc.gov/ticks/avoid/on_people.html)

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.



## **Insects & Animals**

There are insects such as mosquitoes at camp. We encourage Scouts to bring non-aerosol bug spray and long clothes to wear in the evenings. There are also small animals such as squirrels, raccoons, etc. and we discourage Scouts from keeping any food items at all in their tents. Talk to your Unit Leader about care packages or snacks prior to your arrival at camp.

## **Allergies**

Camp leaders must be familiar with any allergies or special health conditions. Ensure that they are marked clearly on each Scout's medical form.

## **Special Requirements Including Diet**

If your son has special requirements that you would like to discuss privately with the Health Officer please notify us as soon as possible and we will work with you on any concerns you may have regarding your son's stay at camp.

The menus at camp are well balanced meals approved by a dietician. We will also work with you to address any reasonable dietary restrictions and/or food allergies. Please make sure that these are indicated on his health form and are shared with the Unit Leader.



## **Discipline**

Campers attending Camp Resolute are expected to maintain appropriate behavior at all times. Respect for all members of the camp community and Resolute facilities is expected at all times. All discipline shall have as its intent the modification of behavior to within acceptable parameters.

Discipline shall be limited to counseling, close supervision/monitoring, and restriction from selected activities. At no time will discipline be administered by a staff member under 18 years of age unless the actions in question pose a safety hazard to the offender or another individual. Then action appropriate to remedy the situation may be employed. Discipline shall be constructive or educational in nature, and may include such measures as diversion, separation from problem situations, talking with the camper about the situation, or praise for appropriate behavior.

### **Prohibitions:**

- Corporal punishment, including spanking, is prohibited;
- No camper shall be subjected to cruel or severe punishment, humiliation, or verbal abuse;
- No camper shall be denied food or shelter as a form of punishment;
- No child shall be punished for soiling, wetting or not using the toilet.

## **Alcohol & Drugs**

Alcoholic beverages, illegal drugs or illegal use of prescription drugs are not permitted in camp. Anyone found to be in possession of or under the influence of such will be asked to leave camp. Legal prescription drugs must be stored at the Health Lodge.

## **Firearms/Archery Equipment**

Personal .22 rifles, handguns and archery equipment are not permitted in camp. Please leave them at home.

## **Other Prohibited Items**

In addition to items outlined above, the following items are prohibited in camp: sheath knives, aerosol bug spray, pets, fireworks, and chain saws.

## Miscellaneous

### Photographs

A photo of your Scout's troop is a great souvenir of camp! These color 8" x 10" troop photos will be taken on Sunday afternoon. Photos cost \$10.00. **Please bring a check(no cash accepted) to the pre-camp meeting if you wish to receive a photograph.** Check payment details will be provided at the meeting.

### Pocket Money and Other Costs at Camp

It is recommended that a Scout bring pocket money to camp to use for merit badge or program materials and for purchases at the Trading Post. A Scout should consult with his Unit Leaders to determine what materials are needed for selected merit badges and how much money will be needed. Refer to the appropriate Merit Badge Book or ask one of your Unit Leaders for advice.

### Trading Post

Camp Resolute's Trading Post maintains a well-stocked camp store to serve everyone who is staying, or just visiting in camp. Items include Scouting literature, mosquito nets, camp t-shirts, hats, patches, mugs, cold drinks and snacks

### Cell Phone Policy

Scouts are allowed to bring cell phones and smart phones to camp. **However, the Camp cannot be held responsible for the lost or theft of these devices.** Scouts must abide by the following rules. Phones are only to be used to:

- Make or receive voice calls
- Used to do research related to merit badge work.
- Listen to music inside your tent.
- Text with family only.

**Phones should NOT be used for social media applications.** The goal of the Trail to Eagle week is to provide scouts the opportunity and environment to earn their merit badges. Use of

electronic devices should be avoided or very limited.

Scout leaders generally carry their own cell phones and will if asked politely allow a scout to phone home.

### Lost and Found

Lost and found will be maintained in the Administration Building. Please check through it on your way out of camp and reclaim your Scout's "treasures." We cannot be responsible for items lost or stolen at camp. We cannot keep lost items for the entire summer. Please contact the camp as soon as possible in regard to lost items.

### Showers

There are two shower houses for Scouts at camp. There is plenty of hot water and opportunity for Scouts to maintain good personal hygiene during their stay in camp. Each campsite is also equipped with a latrine and hand washing facilities. A Scout is clean.



## What to Bring to Camp

- Completed BSA Health Form (This can be turned in at the pre-camp meeting)
- Mosquito netting (Available at the Trading Post)
- 4-36" dowels for attaching mosquito netting to bunk (Available at the Trading Post)
- twine, nylon ties
- Mosquito repellent (crème or pump spray...no aerosols!)
- Complete Boy Scout uniform – Scout shirt, shorts, socks, belt – worn to camp.**
- Extra Scout T-shirts, scout shorts, scout socks, underwear...enough for the week
- Water activity shoes
- Swimsuit (two pair = 1 to dry + 1 to wear)
- Raincoat/poncho
- Sweat suit/pajamas
- Sweater/jacket – preferably plain or scout related
- Extra sneakers/shoes
- Moccasins/slippers
- Sleeping bag (3 warm blankets are a good alternative)
- Pillow
- Mattress cover (twin size works perfectly)
- Towels/washcloths
- Toiletries (toothbrush, toothpaste, soap, comb/brush, shampoo...A Scout is Clean!)
- Scout Handbook and Merit Badge Books**
- Pen, pencil and paper**
- A few trash bags
- Flashlight, extra batteries
- Sunblock
- Length of rope – 15' to 20', and clothes pins
- Watch
- OA Sash if Order of the Arrow member
- Pocket knife
- Swimming Merit Badge clothes (long sleeved cotton shirt with collar, jeans with belt)
- Pre-Camp Merit Badge requirements
- Sports team attire for Sports Night
- A SMILE!

**Note: Please mark all belongings with Scout's full name and Troop # and town.**

### What Not to Bring to Camp!

- Non-BSA clothing except for the clothing items listed above
- Aerosol cans of any type.....they explode in fires, can cause eye injuries
- Bows, arrows, ammunition.....camp will provide when needed
- Sheath knives.....not approved for Scout Camps
- Any other weapon.....should not be needed in Camp
- Fireworks of any kind .....fire/safety hazard, illegal in Massachusetts
- Illegal drugs, alcohol, or prescription drugs in improperly/unmarked containers
- Double bit axes
- Cigarette lighters
- Traps
- Anything of real or sentimental value